



The Irlen Method

The Irlen Method is non-invasive technology that uses coloured overlays and filters to improve the brain's ability to process visual information. It is the only method scientifically proven to successfully correct the processing problems associated with Irlen Syndrome.

This technology can improve reading fluency, comfort, comprehension, attention, and concentration while reducing light sensitivity. This is not a method of reading instruction. It is a colour-based technology that filters out offensive light waves, so the brain can accurately process visual information.