

**ST MARY'S R.C.
PRIMARY & NURSERY
SCHOOL**

**Headteacher
Mrs. S. Geddis**



Wood Street, Langley, Middleton M24 5GL
Telephone: 0161 - 643 7594
Fax: 0161- 654 6487
E- mail:office@stmarysrcmidd.rochdale.sch.uk
Website:www.stmarysrcmidd.rochdale.sch.uk

Wednesday, 18th March 2020

Dear Parents/Carers

We continue to receive daily updates from central government. New government guidelines issued this week include the following social distancing measures:

- Your child should self-isolate for a period of 14 days if they or any members of the household have a recent new continuous cough and/or high temperature.
- Those who are at increased risk of severe illness from coronavirus (COVID-19) should follow social distancing measures. The list below can be found at

<https://www.gov.uk/government/publications/covid-19-guidance-on-social-distancing-and-for-vulnerable-people/guidance-on-social-distancing-for-everyone-in-the-uk-and-protecting-older-people-and-vulnerable-adults>

Aged 70 or older (regardless of medical conditions)

Under 70 with an underlying health condition listed below (ie anyone instructed to get a flu jab as an adult each year on medical grounds):

- chronic (long-term) respiratory diseases, such as asthma, chronic obstructive pulmonary disease (COPD), emphysema or bronchitis
- chronic heart disease, such as heart failure
- chronic kidney disease
- chronic liver disease, such as hepatitis
- chronic neurological conditions, such as Parkinson's disease, motor neurone disease, multiple sclerosis (MS), a learning disability or cerebral palsy
- diabetes
- problems with your spleen – for example, sickle cell disease or if you have had your spleen removed
- a weakened immune system as the result of medicines such as steroid tablets or chemotherapy
- being seriously overweight (a body mass index (BMI) of 40 or above)

Those who are pregnant

Specific guidelines are also in place for people with the following complex conditions:

- People who have received an organ transplant and remain on ongoing immunosuppression medication
- People with cancer who are undergoing active chemotherapy or radiotherapy
- People with cancers of the blood or bone marrow such as leukaemia who are at any stage of treatment
- People with severe chest conditions such as cystic fibrosis or severe asthma (requiring hospital admissions or courses of steroid tablets)
- People with severe diseases of body systems, such as severe kidney disease (dialysis)

Following this updated advice from the government, if your child is self-isolating, please contact the school office on 0161 643 7594 and state that they are self-isolating.

In school we continue to take precautions as has been shared with you over the last two weeks. Our aim is to keep routines as normal as possible.

Yours sincerely

S. Geddis
Headteacher



**DIOCESE OF SALFORD AND
METROPOLITAN BOROUGH OF ROCHDALE
EDUCATION COMMITTEE**