

Praying the Rosary: The Sorrowful Mysteries

Monday 19th October

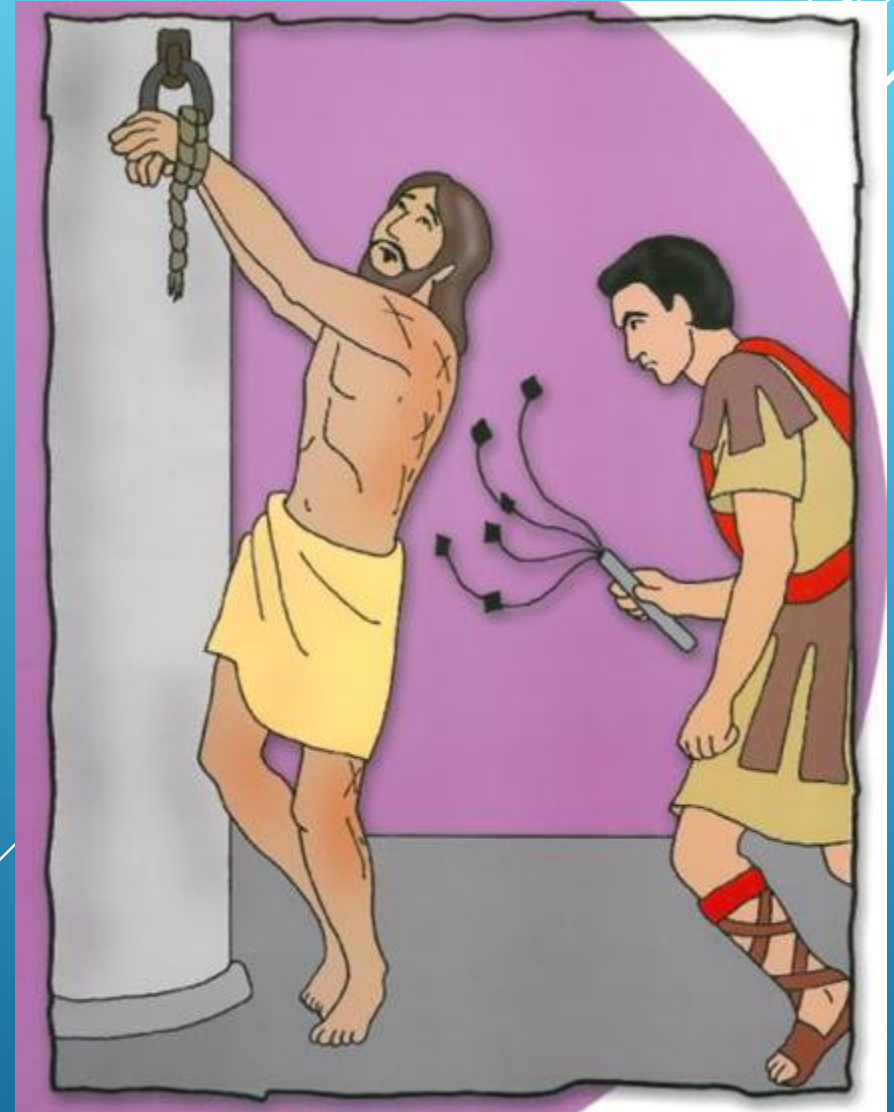
- Make the Sign of the Cross.
- Pray an Our Father.
- As we hold our rosary and pray the Hail Mary ten times, we think about the very difficult times in Jesus' life. We call these The Sorrowful Mysteries.
- Today we think about:
 - The Agony in the Garden: Jesus prays in the Garden of Gethsemane, but his disciples fall asleep.
 - Pray ten Hail Marys followed by one Glory Be.
- Make the Sign of the Cross.



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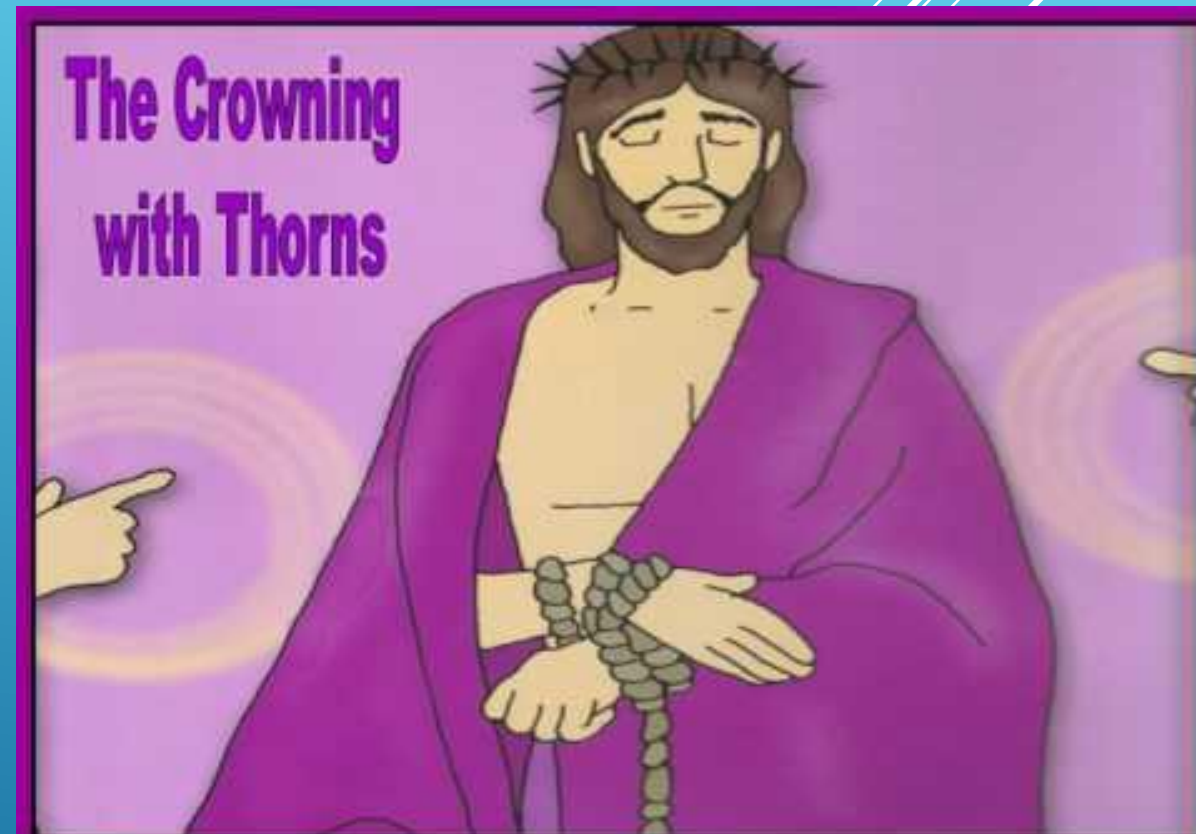
Tuesday 20th October

- Make the Sign of the Cross.
- Pray an Our Father.
- As we hold our rosary and pray the Hail Mary ten times, we think about the very difficult times in Jesus' life. We call these The Sorrowful Mysteries.
- Today we think about:
 - The Scourging at the Pillar: Jesus is arrested and taken to the jail where the soldiers make fun of him and whip him.
 - Pray ten Hail Marys followed by one Glory Be.
- Make the Sign of the Cross.



Praying the Rosary: The Sorrowful Mysteries Wednesday 21st October

- Make the Sign of the Cross.
- Pray an Our Father.
- As we hold our rosary and pray the Hail Mary ten times, we think about the very difficult times in Jesus' life. We call these The Sorrowful Mysteries.
- Today we think about:
 - The Crowning of Thorns: The soldiers take a thorny vine, wind it in circles and press it on Jesus' head.
 - Pray ten Hail Marys followed by one Glory Be.
- Make the Sign of the Cross.



Praying the Rosary: The Sorrowful Mysteries

Thursday 22nd October

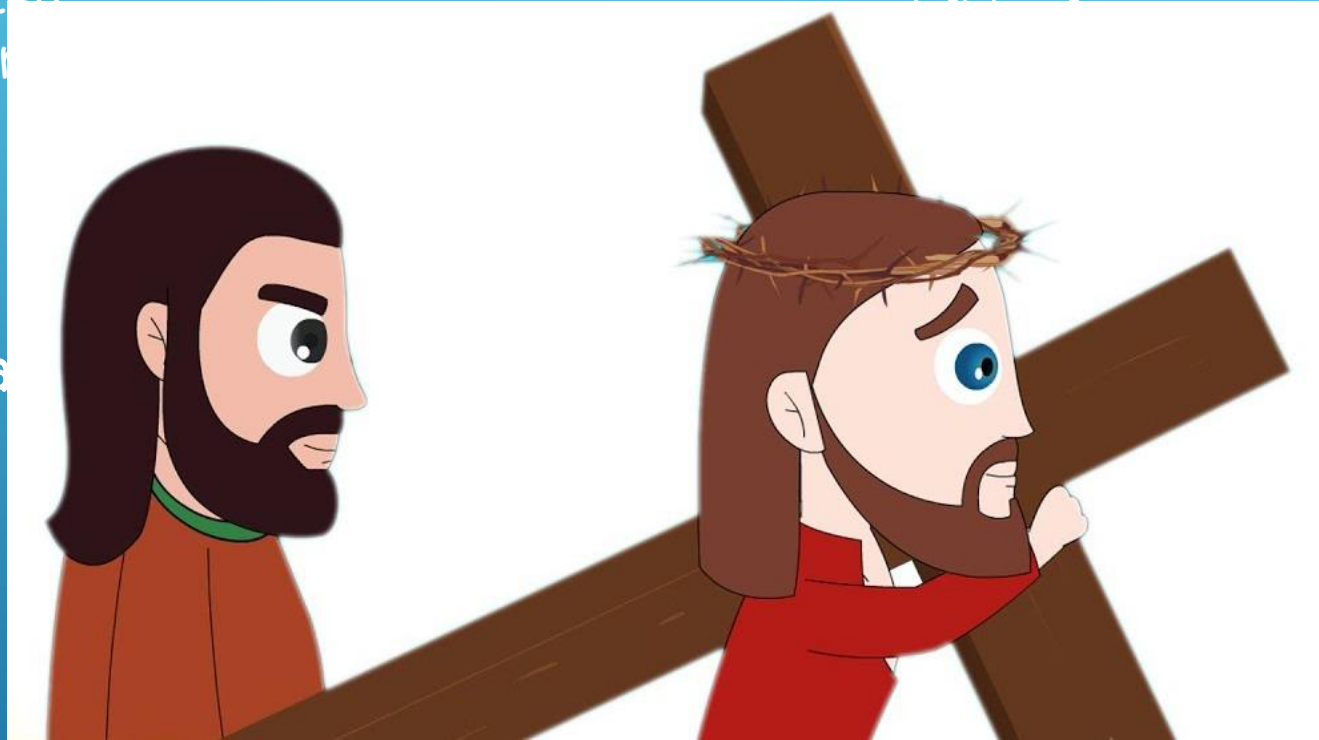
- Make the Sign of the Cross.
- Pray an Our Father.
- As we hold our rosary and pray the Hail Mary ten times, we think about the very difficult times in Jesus' life. We call these The Sorrowful Mysteries.

➤ Today we think about:

The Carrying of the Cross: Jesus is forced to carry the heavy wood of the cross.

Pray ten Hail Marys followed by one Glory Be.

- Make the Sign of the Cross.



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Friday 23rd October

- Make the Sign of the Cross.
- Pray an Our Father.
- As we hold our rosary and pray the Hail Mary ten times, we think about the very difficult times in Jesus' life. We call these The Sorrowful Mysteries.
- Today we think about:
 - The Crucifixion: Jesus is nailed to the cross
 - Pray ten Hail Marys followed by one Glory Be.
- Make the Sign of the Cross.

