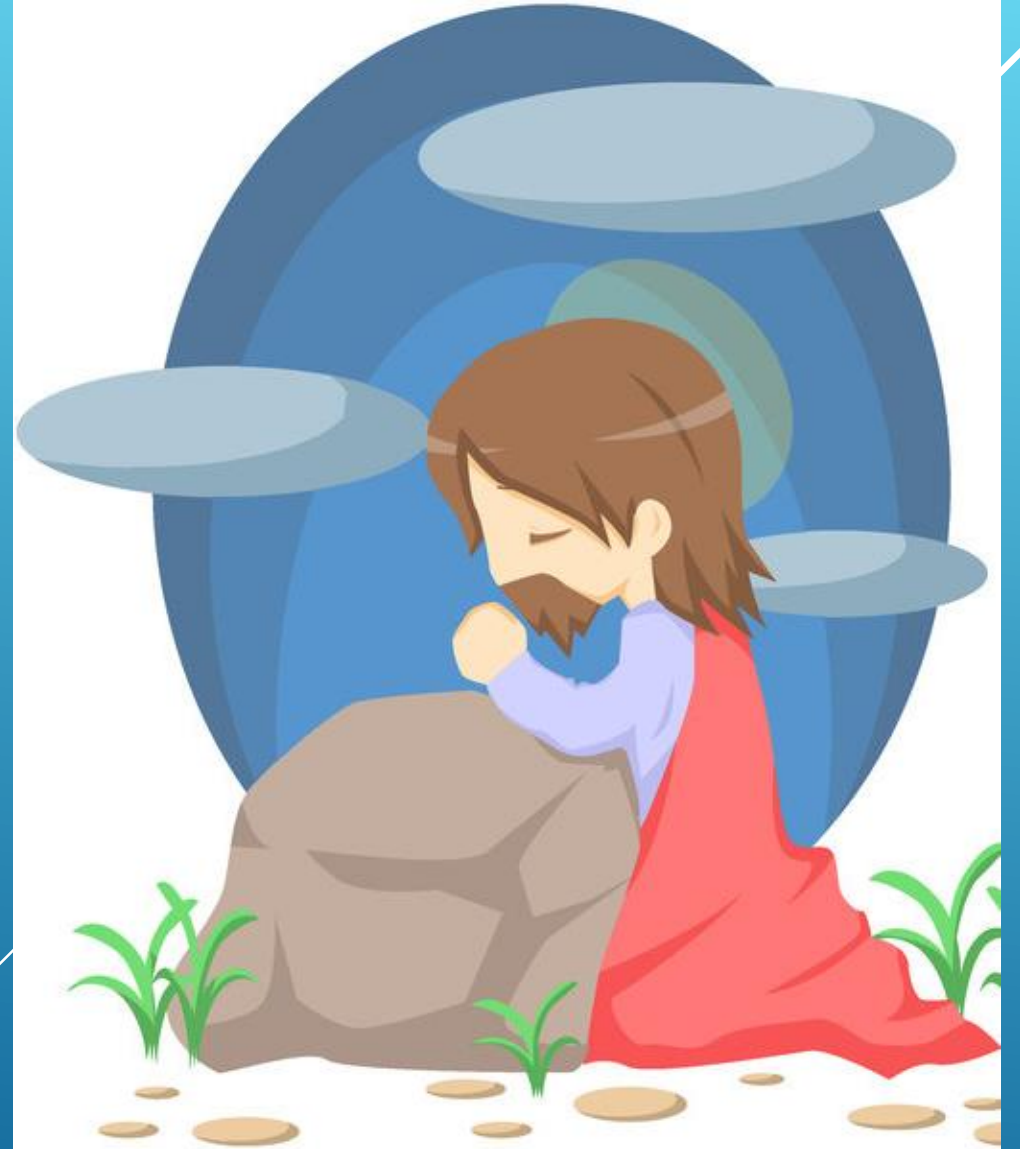


Praying the Rosary: The Sorrowful Mysteries

Monday 15th May

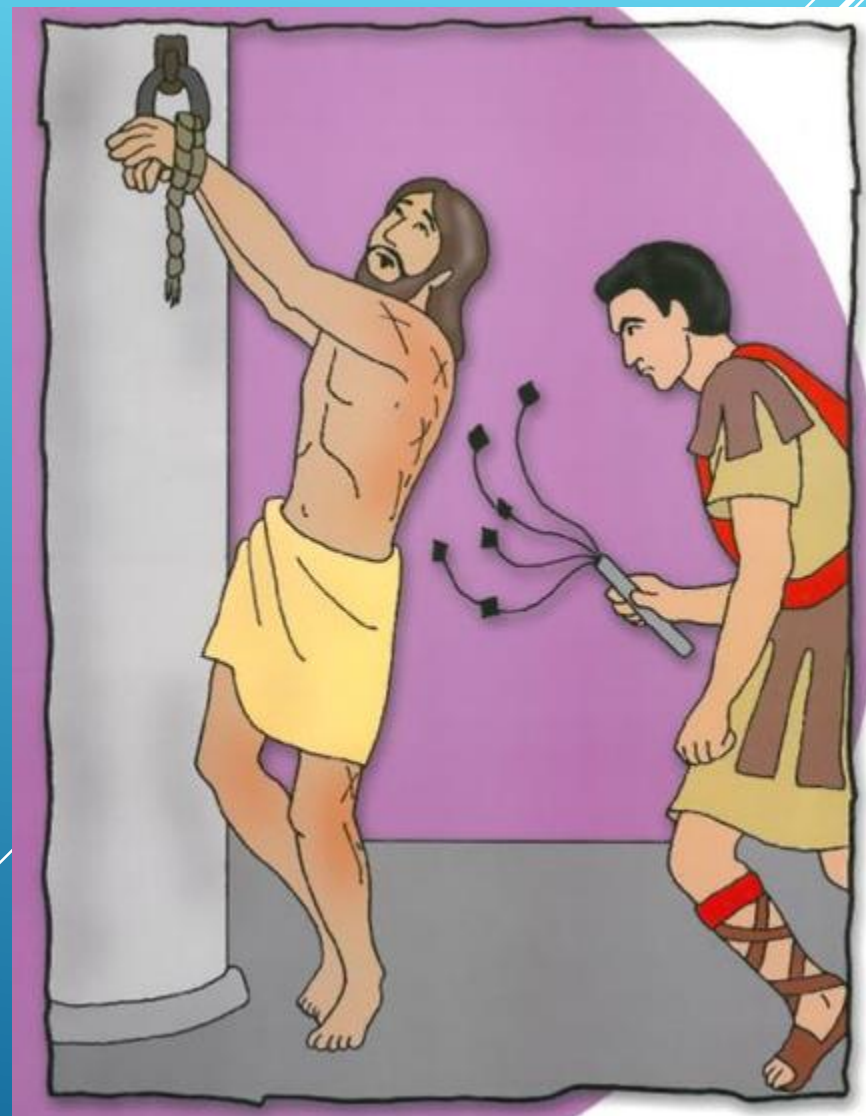
- Make the **Sign of the Cross**.
- Pray an **Our Father**.
- As we hold our rosary and pray the Hail Mary ten times, we think about the very difficult times in Jesus' life. We call these **The Sorrowful Mysteries**.
- Today we think about:
 - **The Agony in the Garden**: Jesus prays in the Garden of Gethsemane, but his disciples fall asleep.
 - Pray ten **Hail Marys** followed by one **Glory Be**.
- Make the **Sign of the Cross**.



Praying the Rosary: The Sorrowful Mysteries

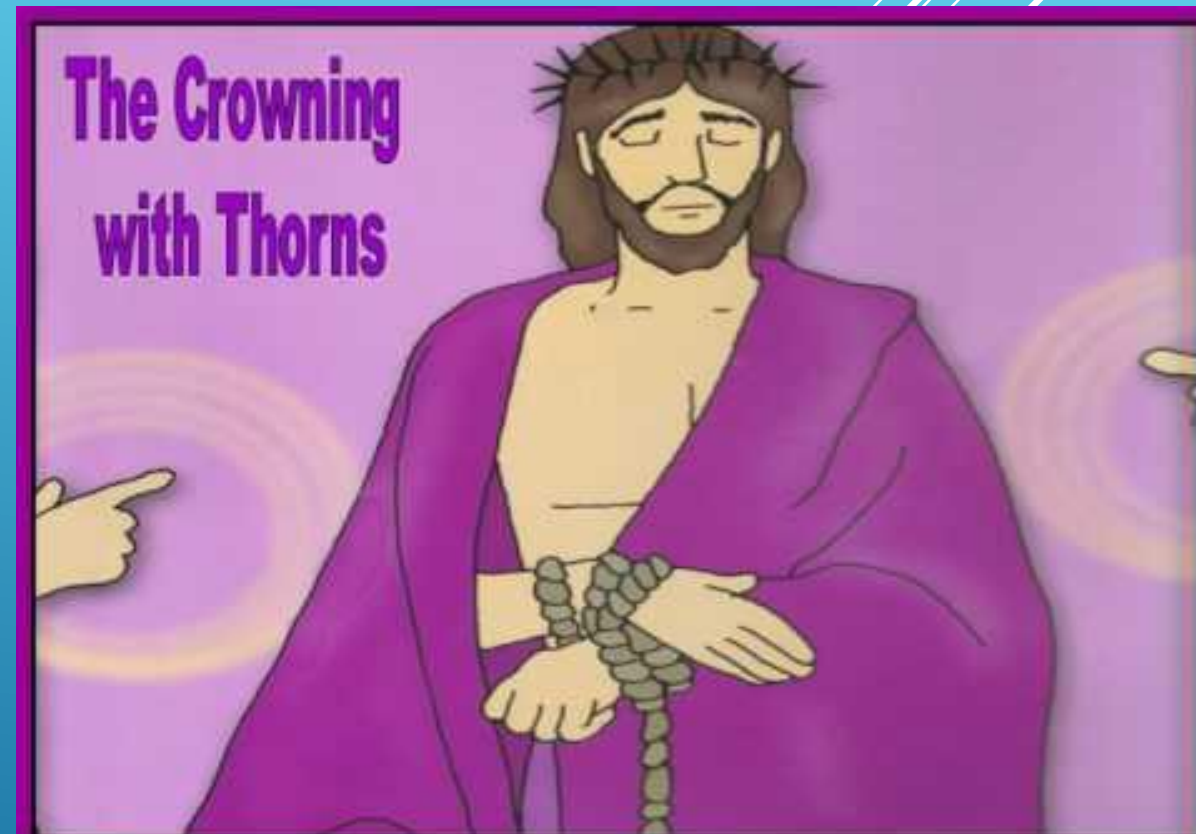
Tuesday 16th May

- Make the **Sign of the Cross**.
- Pray an **Our Father**.
- As we hold our rosary and pray the Hail Mary ten times, we think about the very difficult times in Jesus' life. We call these **The Sorrowful Mysteries**.
- Today we think about:
 - **The Scourging at the Pillar**: Jesus is arrested and taken to the jail where the soldiers make fun of him and whip him.
 - Pray ten **Hail Marys** followed by one **Glory Be**.
- Make the **Sign of the Cross**.



Praying the Rosary: The Sorrowful Mysteries Wednesday 17th May

- Make the **Sign of the Cross**.
- Pray an **Our Father**.
- As we hold our rosary and pray the Hail Mary ten times, we think about the very difficult times in Jesus' life. We call these **The Sorrowful Mysteries**.
- Today we think about:
 - The Crowning of Thorns: The soldiers take a thorny vine, wind it in circles and press it on Jesus' head.
 - Pray ten **Hail Marys** followed by one **Glory Be**.
- Make the **Sign of the Cross**.



Praying the Rosary: The Sorrowful Mysteries Thursday 18th May

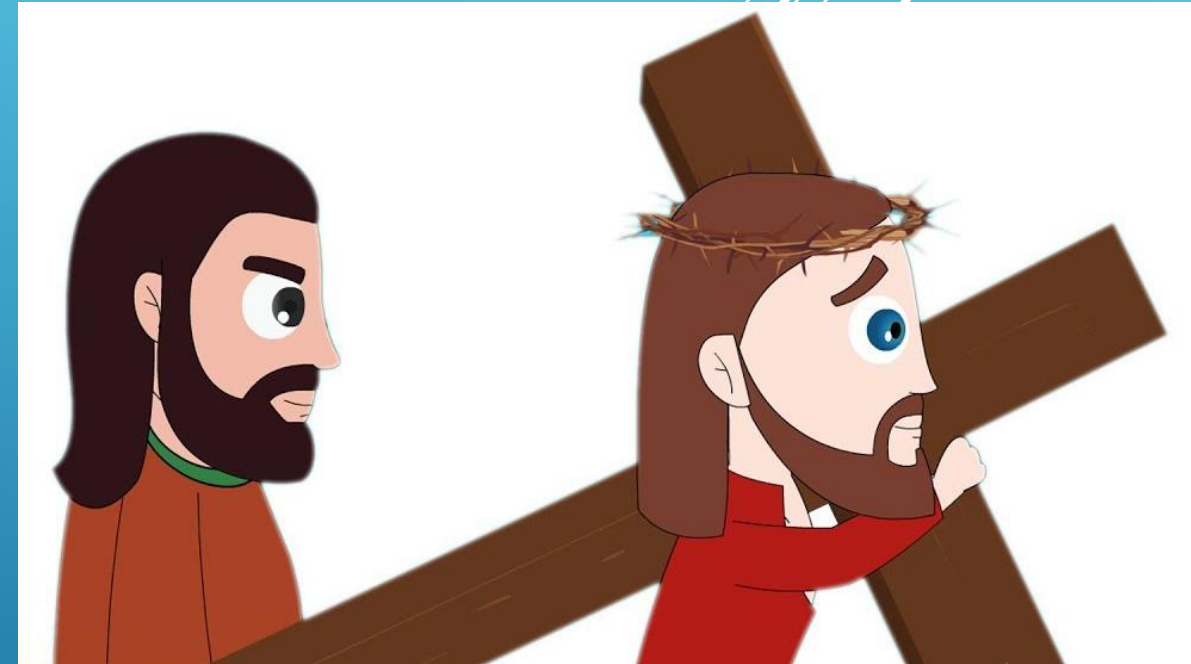
- Make the **Sign of the Cross**.
- Pray an **Our Father**.
- As we hold our rosary and pray the Hail Mary ten times, we think about the very difficult times in Jesus' life. We call these **The Sorrowful Mysteries**.

➤ Today we think about:

The Carrying of the Cross: Jesus is forced to carry the heavy wood of the cross.

Pray ten **Hail Marys** followed by one **Glory Be**.

- Make the **Sign of the Cross**.



Praying the Rosary: The Sorrowful Mysteries

Friday 19th May

- Make the **Sign of the Cross**.
- Pray an **Our Father**.
- As we hold our rosary and pray the Hail Mary ten times, we think about the very difficult times in Jesus' life. We call these **The Sorrowful Mysteries**.
- Today we think about:
 - **The Crucifixion: Jesus is nailed to the cross**
 - Pray ten **Hail Marys** followed by one **Glory Be**.
- Make the **Sign of the Cross**.

