



Wednesday 16 July, 2025

Dear Parents/Carers,

Can I remind you that if you have any safeguarding needs over the summer holidays, please contact EHASH (Rochdale) on 0300 303 0440 or EHASH out of hours – 0300 303 8875.

If you need to talk to the NSPCC, they can be contacted by phone at 0808 800 5000 or by email - help@nspcc.org.uk

If a child is in immediate danger, please call emergency services on 999, or Greater Manchester Police on 101.

Of course, please remain vigilant in respect of monitoring your child's online usage over the holidays. There is a wealth of guides to social media/gaming on our website, <https://stmrc.co.uk> - just go to the '**Online Safety**' tab. These guides are taken from the website <https://nationalonlinesafety.com/guides>. This is a brilliant resource!

Can I remind you that you can access support for families from the Langley Family Hub: <https://www.rochdale.gov.uk/directory-record/407/langley-family-hub-middleton>

The Lighthouse Project is available for access to the Food Bank and Financial Guidance: 0161 643 1163

If you need to contact someone in regard to homelessness or risk of becoming homeless: homelessness@rochdale.gov.uk or 0300 303 8548

Adult Social Care: Physical or Mental Health Support: adult.care@rochdale.gov.uk or 0300 303 8886

THRIVE Emotional Health and Wellbeing Support (for children up to age 19):
0161 716 2844 (call to register and find out more about drop-in sessions for 8+). Available to those registered with a GP in Heywood, Middleton or Rochdale.

Finally, if you are Ukrainian and seek advice through the holidays, the Barnado's charity offers a helpline at: <https://www.barnardos.org.uk/what-we-do/helping-families/ukrainian-helpline>

Can I take this opportunity to wish you and your family a wonderful summer!

Yours sincerely,

Mr. McGrail
Deputy Head