



Thursday 24th September, 2026

Dear Parents and Carers,

From September 2026, revised statutory guidance for Relationships, Sex and Health Education (RSHE) came into effect nationally. Schools are required to have regard to this guidance and to ensure that parents and carers are informed about the RSHE curriculum and the materials used to teach it.

As a Catholic school, we teach RSHE and PSHE through **Ten Ten Resources – Life to the Full Plus**, a Catholic programme developed specifically to support Catholic schools in delivering RSHE. It is rooted in the teaching and wisdom of the Catholic Church and places our Catholic faith at the heart of this important area of learning. The programme is founded on the belief that every person is created and loved by God and has a unique dignity and value.

We believe that **parents and carers are the first and most important educators of their children**, particularly in matters relating to relationships, growing up and family life. We therefore want to work closely with you and ensure that you know what your child will be learning in school.

Ten Ten provides a secure **Parent Portal**, which enables you to explore the programme and see the themes and resources your child will encounter.

The website address for our Ten Ten Scheme '**Life to the Full Plus**' is:

<https://www.tentenresources.co.uk/parent-portal/>

We will text you the username and password separately.

We warmly encourage you to spend some time looking through the resources. We hope that access to the Parent Portal will not only help you understand what is being taught in school, but will also give you useful information and tools to support conversations with your child at home.

By working together, we can help our children develop the knowledge, confidence and understanding they need as they grow, while ensuring that their learning is grounded in our shared Catholic values of **love, dignity, respect and care for one another**.

If you have any questions/concerns about the programme, please don't hesitate to contact the headteacher, Mrs Bollado, or Deputy/RSHE Lead, Mr. McGrail.

Thank you, as always, for your continued support and partnership.

Yours sincerely,

Mr. McGrail
Deputy Head and RSHE Lead